



TELETHERAPY CHECKLIST FOR THERAPISTS

Getting Prepared



SEND A SCHEDULE TO PARENTS

Make sure parents know what to expect. Provide them with a visual schedule to share with their child.



BE PREPARED TO PLAY

Just because we are over a computer doesn't mean we are going to forego play! What are the child's interests? Find out in advance!



PREPARE YOUR DESKTOP

If you are using BOOM cards or videos or music or interactive games... have them up on your screen ready to share.



STEP-UP YOUR SILLY GAME

Teletherapy takes a lot of energy and silliness. Have some ideas ready to throw at your client to regain attention if what you had planned is not working!



GET READY TO MOVE

Have movement activities planned into your session.